

## Unit 1, page 17

1.

**Mum:** Tina, can you help me change the towels in the bathroom, please?

**Tina:** There aren't any clean towels in the cupboard, Mum. They're in the washing machine.

**Mum:** There are some clean towels in my bedroom. Can you get those, please?

**Tina:** OK, Mum

2.

**Dad:** Sam ... Sam ... get up. It's Mother's Day. Help me make breakfast for Mum.

**Sam:** OK. Dad, what do you want me to do?

**Dad:** Well, I'm making an omelette. Can you put the bread on the table? Also, put some water in the kettle for tea.

**Sam:** Good idea!

3.

**Mrs Sattler:** Quiet please, everybody! There are some maths problems on the whiteboard. Please answer the questions in your notebooks.

**Peter:** Mrs Sattler, can we use our calculators?

**Mrs Sattler:** Peter, you don't need your calculator.

**Peter:** OK. Thanks.

4.

**Mrs Reynolds:** Julia, can you put paints and paintbrushes on the desks for the art lesson?

**Julia:** Yes. Do the students also need pencils and rubbers?

**Mrs Reynolds:** No.

**Julia:** How many paintbrushes do the students need?

**Mrs Reynolds:** Put two for each student.

5.

**Tim:** Hi, Natalie. What are you doing in the holidays?

**Natalie:** I've got a job. My aunt has got a shop. She's got things like toothpaste, soap and shampoo.

**Tim:** What do you do there?

**Natalie:** I put items on shelves and clean the floor. There's always a lot of work.

## Unit 2, page 27

### Conversation 1

**Jonah:** Hi, Steve. I'm in New York. Do you want to hang out?

**Steve:** Hi, Jonah. You're in New York? That's fantastic! I'm exercising at the sports centre at the moment, but I've got some time later. What do you want to do?

**Jonah:** I want to explore Central Park or go ice skating at Rockefeller Center.

**Steve:** Great! I love ice skating and I can show you some beautiful places in Central Park. I hang out there on Fridays, so I know it well.

IH-019-220

### Conversation 2

**Jim:** Hi, Natasha. Do you want to go bowling on Saturday?

**Natasha:** Oh, I can't, sorry. I train at the beach on Saturdays.

**Jim:** What are you training for?

**Natasha:** A national swimming event. I swim two kilometres every Saturday.

**Jim:** Can I meet you at the beach? I like swimming too.

**Natasha:** Of course! But what about going bowling?

**Jim:** Well, we can go together on Sunday night.

**Natasha:** That sounds like a great idea!

## Unit 3, page 37

Good evening. This is Sarah Walters with the 6 pm news report.

Last night, there was a huge fire at the West Garden department store. At 12 o'clock, firefighters ran into the building. There weren't any people inside. The firefighters worked for two hours but it was impossible to save the building. However, they saved a family of cats. It was a frightening night for the cats, but they are resting happily now.

Next on the news report, we have got an adventure story. Early this morning, famous pilot Susan Walsh arrived after many days of flying. She flew solo in her tiny aeroplane from Portugal across the Atlantic Ocean to Venezuela. Her story is unique because she also built her aeroplane. Susan used to be an IT technician, but she always loved aeroplanes. It was a difficult project and she worked on it for two years with her father – a mechanic.

Our last news story is about a 17-year-old teenager called Carl Roberts. When he finishes school, he wants to be a computer programmer. Last Tuesday, Carl won €8,000 in a code writing competition. He created a fun educational game to help teenagers learn English.

## Unit 4, page 47

I'm Michael Friars, and on today's podcast, I'm talking about things to do around town during the Bank Holiday weekend.

Sunday's *Recreation Ride* is a calm, enjoyable bike ride around the city. It starts in the town square. Between 10 am and 2 pm on Sundays, the streets are closed to traffic from the square to the city market. So, you can experience a quieter city than usual with your family while getting some exercise, too. The market is a nice place to enjoy a cold drink and something to eat after all that exercise.

My other recommendation is the *Moonlight Walk* around the old cemetery in the city. This walk only happens on the first weekend of every month. Luckily, Bank Holiday weekend begins on the 3rd of May. The cemetery is across the bridge from the old factory. The walk starts at midnight. On the walk, you listen to frightening ghost stories as you walk around the cemetery. I don't know why we sometimes enjoy being afraid, but the *Moonlight Walk* is an interesting and fun walk to go on.

## Unit 5 page 57

- Interviewer:** Today on *Teen Life*, I'm interviewing a teen immigrant, Elianny. Did you know more than one million people immigrate to the USA every year? It's not easy for teenagers. They must start a new school, make new friends and learn a new language. Here's one immigrant's story. Elianny, tell us about yourself.
- Elianny:** I was born in the Dominican Republic. I immigrated with my mum, stepfather and sister when I was 13.
- Interviewer:** How did you feel when you arrived?
- Elianny:** I was excited to move, but also nervous about starting school.
- Interviewer:** Are schools different in the Dominican Republic?
- Elianny:** Yes. There, primary school is until age 14 and students can leave school after they finish it. In the USA, 14-year-olds are in high school and they must go to school. But in both countries, students finish high school at 18.
- Interviewer:** How was your first day of school?
- Elianny:** It was OK. People could see I was new. Some people were helpful, but others weren't nice.
- Interviewer:** Could you speak English?
- Elianny:** Yes, but my English wasn't good and I couldn't talk to anyone. Then I read about actor Mila Kunis. She immigrated when she was a child, and now some people don't know she speaks another language! I stopped being upset and kept trying.
- Interviewer:** Did school become easier?
- Elianny:** Yes! I can speak English well now and I feel at home here.
- Interviewer:** Thank you, Elianny.

## Unit 6 page 67

Good morning, students. My name's Bob and I'm a police officer. Today, I want to talk about cyberbullying. Cyberbullying is when someone uses the Internet to make another person feel frightened or upset. Here in California, cyberbullying isn't only against school rules – it's against the law! You are breaking the law when you make someone feel afraid or post someone's personal information online.

Cyberbullying is very common around the world. About 37% of young people between the ages of 12 and 17 experience cyberbullying, and 30% experience it more than once.

Here is an example ... A girl was putting photos of herself on Instagram during the night. Other girls from her class were writing things about her pictures. They were calling her fat and ugly. In the morning, her parents saw she wasn't eating breakfast or getting dressed for school. She was very upset and didn't return to school for months.

Cyberbullying is a crime and it causes serious problems for young people. Please think before you post or write something online. And don't keep quiet about cyberbullying. We know only 1 in 10 teens tell a parent or other adult when they experience cyberbullying. But you should talk to your parents and teachers about cyberbullying. You can also call the police for help.

## Unit 7 page 77

- Julia:** Hi Simon. What are you doing on Saturday night?
- Simon:** Hi Julia. I'm going to sit in my garden and look at the sky.
- Julia:** Why?
- Simon:** I've got a new hobby ... astronomy.
- Julia:** In astronomy, you study the stars ... right? Have you got a telescope?
- Simon:** No, but according to many astronomers, you can see lots of stars, galaxies and craters on the moon with binoculars.
- Julia:** But you live in the city. There's a lot of light at night, so it's difficult to see stars.
- Simon:** That's true. It's easier to see stars in the countryside, but even in the city you can see some planets.
- Julia:** How do you know all this?
- Simon:** I'm reading an astronomy magazine. It's got interesting articles and a map of the sky. I'm going to buy the magazine every month.
- Julia:** Are you also going to buy a telescope?
- Simon:** Not now. First, I want to learn more about them.
- Julia:** How are you going to do that?
- Simon:** I'm joining an astronomy club. The members have star parties. They meet in a field at night. Many of them bring telescopes. I'm going to ask people questions about their telescopes.
- Julia:** Good idea! The star parties sound fun.
- Simon:** Yes, it's a fun hobby.
- Julia:** Can you teach me about astronomy?
- Simon:** Sure. Come over Saturday night. We can look at the stars together.
- Julia:** That would be great!

## Unit 8 page 87

- Lisa:** Today, I'm interviewing restaurant manager, Simon. In the past, Simon's restaurant wasted food. Then, he discovered some wonderful apps. Simon, why is wasting food bad for the environment?
- Simon:** Hi Lisa. We use energy to grow, make and transport food. Throwing out food wastes that energy.
- Lisa:** How can apps help us solve this problem?

**Simon:** If we use these apps, we won't waste food. The app Olio, for example, helps restaurants donate their food to people nearby. If it's 10 pm and there are still ten steaks in the restaurant kitchen, I will put a photo of the steaks on the Olio app. An Olio user can take the steaks for free.

**Lisa:** What a great idea! What other apps are there?

**Simon:** Too Good To Go. Sometimes supermarkets and restaurants don't use all their food. Instead of throwing it out, they use this app. App users pay a small amount and receive a "surprise bag." Maybe they'll receive bananas, or maybe sushi!

**Lisa:** Do you use that app?

**Simon:** No, but I love using an app called Misfits Market. Did you know supermarkets throw out ugly food? If you use this app, you will receive a box of food every week. The food won't be pretty, but it will cost 30-50% less than in the shops.

**Lisa:** What fantastic apps! Thank you, Simon.